



## OUR MISSION

To be an Agency that not only aides in building better communities by empowering our individuals with comprehensive, integrated, quality, and therapeutic interventions. But also maximizes their social, emotional, economic, and academic potential.



### VISION

Our vision is to become the most recognized provider of quality and successful treatment. Serving the Danville, Halifax, Henry and Pittsylvania County communities (physically located in Danville, VA).



### OUR COMMITMENT

We are dedicated to providing quality mental health care while aiding individuals in moving from where they are to where they desire to be.



### INDIVIDUAL SATISFACTION

We believe that the agency's success is dependent upon meeting our individual's where they are while aiding them in realistic goals to reach an obtainable success story.

“Together we can achieve the future you envision”

## OUR SERVICE

FPMH provides community based counseling and training services for adults and young adults who have difficulty managing independently in their environment because of mental health issues. These barriers present challenges to the client that can possibly lead them to homelessness, repeated hospitalizations, and/or harm to self and/or others. FPMH'S goal is to provide services that help the client to realize a decrease in barriers while increasing social skills.



## SERVICES PROVIDED

Individual Therapy

Family Therapy

ADL Training

IADL Training

Health and Safety

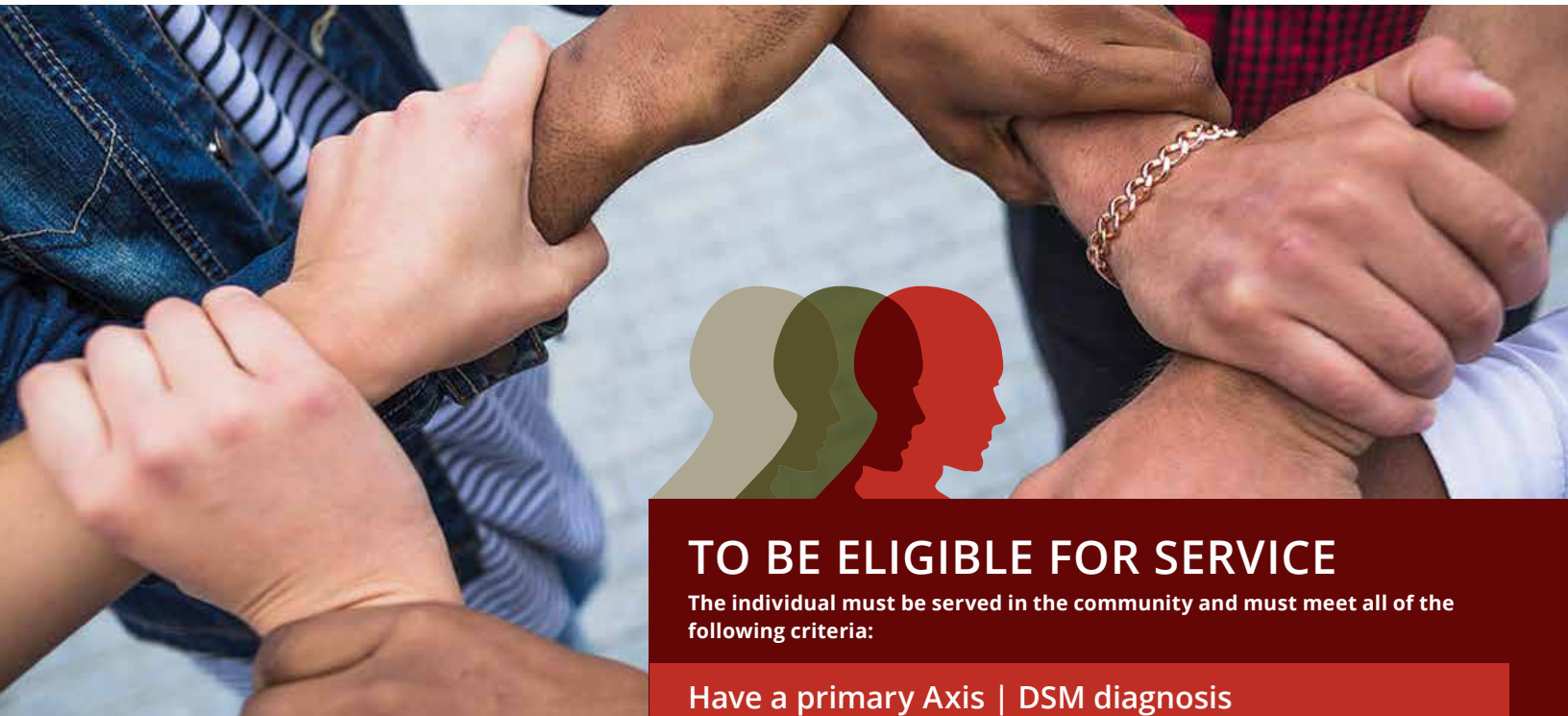
Community Integration

Medication Management

Case Management

Money Management

Suicide Prevention



## DEFINITION OF SERVICE

“Mental Health Skill Building” is the new name for Mental Health Support Services (MHSS). MHSS is a training service, not a mental health clinical service, a preventative service, social welfare, nor crisis service. MHSS is a training service for Adults with significant mental illness.

The service is designed to train individuals in functional skills and appropriate behavior related to the individual’s health and safety, activities of daily living, and use of community resources; assistance with medication management and monitoring health, nutrition, and physical condition.

## OUR STAFF

Our staff consist of individuals who are Licensed Medical Professionals, Mental Health Professionals and Professionals with Master’s degrees in Social Work, Education, and Rehabilitative Training.

## TO BE ELIGIBLE FOR SERVICE

The individual must be served in the community and must meet all of the following criteria:

### Have a primary Axis | DSM diagnosis

Such as psychotic disorder, major depressive disorder- recurrent, bipolar disorder I or II, PTSD or Schizophrenia.

### Require individualized training in acquiring basic living skills

Have a need for individualized training in acquiring basic living skills such as symptom management; adherence to psychiatric and medication treatment plans; development and appropriate use of social skills and personal support system; personal hygiene; food preparation; or money management.

### Must have a prior history of qualifying mental health treatment

A qualifying mental health treatment is:

- Psychiatric hospitalization
- Residential treatment
- Crisis Stabilization
- Residential Crisis Stabilization
- PACT (Program of Assertive Community Treatment)
- ICT (Intensive Community Treatment)
- RTC (residential treatment center) Level C placement
- Placement in a psychiatric residential treatment facility
- A TDO (Temporary Detention Order) evaluation due to mental health decompensation

### Have had a prescription for anti-psychotic, mood stabilizing, or anti-depressant medications

within the 12 months prior to the Assessment date

### Insurance

Benefits accepted include: Medicaid, Cigna, Humana, Medicaid United Health Care, Aetna, Blue Cross Blue Shield Anthem, Optum, Optimum, Magellan, Virginia Premier