



Focus Point



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*“Together we can achieve
the future you envision.”*

Focus Point Mental Health, LLC.
Office Hours:
Monday-Thursday
9 a.m. – 5 p.m.
Friday
9 a.m. – 4 p.m.

Focus Point



MENTOR PROGRAM



Our Vision

To be an Agency that not only aides in building better communities by empowering our individuals with comprehensive, integrated, quality, and therapeutic interventions. But also maximizes their social, emotional, economic, and academic potential.

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What is Mentoring?

Mentoring takes place between young persons (i.e., mentees) and older or more experienced persons (i.e., mentors) who are acting in a non-professional helping capacity to provide support that benefits one or more areas of the mentee's development based on their future.

Roles of Mentors

A **mentor** is someone who takes an interest in the personal and educational development of their mentee by providing guidance and support. This requires a genuine commitment on the part of both the **mentor** and the Mentee. **Good mentors do not take their responsibilities lightly. This is why we consider these seven key qualities when choosing an effective mentor.**

- Ability and willingness to communicate what you know (good role model)....
- Preparedness....
- Approachability, availability, and the ability to listen....
- Honesty with diplomacy....
- Inquisitiveness....
- Objectivity and fairness....
- Compassion and genuineness



Goals for Mentoring?

Focus Point Mental Health, LLC. is instilling many core components into the lives of youth and adults:

- Academic Excellence**
- Alternatives to Gang/Criminal Acts**
- Self-Esteem**
- Job Skills**
- Physical Fitness**
- Leadership/Followership**
- Health & Hygiene**
- Life Coping Skills**
- Responsible Citizenship**
- Service to Community**

All mentors will serve as a positive role model, inspiration and friend, striving for mutual respect and building the self-esteem & motivation of your mentee.

You will also help set life goals while guiding and encouraging your mentee to accomplish them at a comfortable pace.

Program Outline

This program model is designed to provide "Low, Moderate to Intense Risk" students with academic and social support and guidance, self-esteem building, and problem solving/conflict resolution skills and is based on the risk level of students targeted by the program. On a continuum, higher risk students require higher levels of resources, structure, intensity of services and mentor qualifications/training is based on the risk level of students targeted by the program. The program takes into consideration cultural competence at all levels of planning, implementation and service delivery. Two types of mentoring opportunities will be offered:

- **One to One**—the matching of one **mentee** with one mentor who needs or wants a caring, responsible adult in their lives.
- **Group mentoring** is our way to honor and share the knowledge and expertise of individuals and to provide other mentors with exposure to their specific know-how in a group setting.

Participation requires the mentee be between the ages of 5 years old 18 years old. Mentors and mentees will meet a maximum of 10 hours per week @ 2 hours per day. Pre-approved group mentoring events will be at extended times.

